



Republic of the Philippines  
**Department of Education**  
REGION IV-A CALABARZON  
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

01 JULY 2021

DIVISION MEMORANDUM  
No. 283 s. 2021

**2021 NUTRITION MONTH CELEBRATION**

To: Chief Education Supervisors  
Heads, Public Elementary and Secondary Schools  
Heads, Unit/Section  
All Others Concerned

1. Relative to **DepEd MEMORANDUM 035, s. 2021**, this office enjoins all learners, teaching and nonteaching personnel, officials and other stakeholders, including parents to participate in the **2021 Nutrition Month Celebration** with this year theme of *Malnutrisyon patuloy labanan, First 1000 days tutukan!*
2. The celebration aims to:
  - a. raise awareness on the importance of the first 1000 days as a golden window opportunity for a comprehensive package of nutrition and related interventions, to achieve significant reduction in under and overnutrition while contributing to optimal child development: and
  - b. advocate for interventions and services in the first 1000 days as mandated by Republic Act No. 11148 or the *Kalusugan at Nutrisyon ng Mag-Nanay* Act of 2018.
3. All schools are enjoined to participate in meaningful undertakings, which will highlight the importance of good nutrition in addressing stunting and obesity through focusing on the First 1000 days among children while improving resistance against diseases in times of pandemic (e.g. activities for learners and their families via online platforms). It is reiterated that such activities after July 10, 2021 are no longer part of the school calendar per DepEd Order No. 012, s. 2021 titled, **Amendment to DepEd Order No. 030, s. 2020 (Amendment to DepEd Order No. 007, s. 2020, School Calendar and Activities for SY 2020-2021)**
4. Reports and pictorials on the highlights of the celebration of the Nutrition Month shall be submitted by the School Health and Nutrition Coordinators to the Medical Section on or before July 30, 2021.
5. Wide dissemination of this memorandum is desired

**GERIE M. ILAGAN, CESO VI**  
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